

## Read and write

- Read and circle the food in the pictures. 

Rice and noodles are good. Meat, milk and eggs are good too.

Fruit and vegetables are colourful and healthy. Eat some every day!



Candy and cake are yummy, but don't eat too much!



- Look, choose and write.

Would you like some noodles?

No, thanks. I'd like some  \_\_\_\_\_,

 \_\_\_\_\_ and  \_\_\_\_\_.

bread    eggs    juice    meat    milk  
noodles    rice    soup    vegetables



What about you?

I'd like some \_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_.